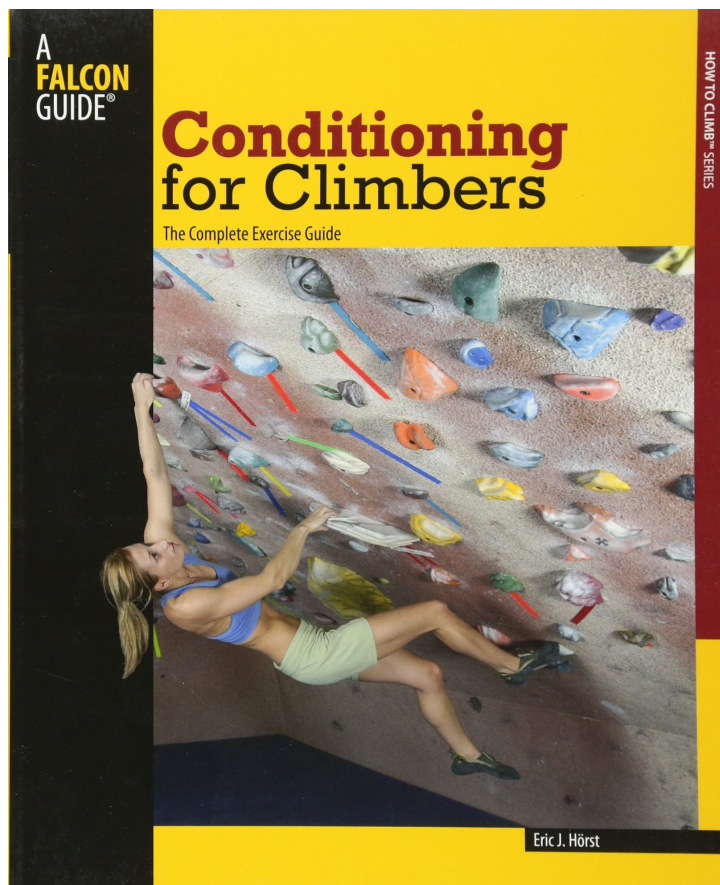


Conditioning for Climbers The Complete Exercise Guide How To Climb Series by Eric Horst

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